

2025 Youth National Track Championships – Sundrive Velodrome 09/08/25

We are delighted to welcome you all to Sundrive velodrome for the 2025 Youth National Track Championships. We hope that everyone enjoys a good day of safe, competitive racing.

Getting there:

Eircode: D12 T4AP

Parking on Rutland Grove is limited. Please do not park on the pavement or on the double yellow lines. There is usually plenty of parking at the other side of the park on Sundrive Road.

If requiring one of our bikes, please arrive early because we have a lot of riders. If you have not done so already, please let us know the size of bike you require. All of our bikes have Look pedals. We have lots of shoes in various sizes if you do not use Look pedals. We do not change pedals on the rental bikes.

Event Schedule

09.30 to 09.55 – Open Track (All riders)

09.55 – 10.10 – Open Track (U14/16 only)

10.10 – 10.25 – Open Track (U12 only)

10.30: Racing Starts

(1) Sprint Qualifiers (Flying 200m TT) – 45 mins

The **fastest 8 riders** in each category will go through to the quarter finals

U12 & U14 riders will start from the top of the home straight (next to the vehicle gate)



U16 riders will start from the start-finish line and get a full lap lead in

(2) Sprint Quarter Finals (1v8, 2v7, 3v6, 4v5 (1 Round)) - 45 mins

U12 Girls (3 heats)

U12 Boys (4 heats)

~~U14 Girls~~ (straight to semi-finals)

U14 Boys (4 heats)

U16 Girls (2 heats)

U16 Boys (1 heat)

U12/U14 Sprints will be run from the home straight pursuit line, which is 1 x 460m lap plus 30m***

U16 Sprints run from the pursuit line on the back straight (750m)

(3) Standing Start TTs (Gate Start) – 60 mins

Starting order as per F200m TT

U12 Standing Start 250m TT

U14 Standing Start 250m TT

U16 Standing Start 500m TT

Lunch Break – 30 mins

(4) Sprint Semi Finals (One Round only) – 35 mins

U12/U14 – 490m; U16 – 750m

U12 Girls Semi-final 1

U12 Girls Semi-final 2

U12 Boys Semi-final 1

U12 Boys Semi-final 2

U14 Girls Semi-final 1

U14 Girls Semi-final 2

U14 Boys Semi-final 1

U14 Boys Semi-final 2

U16 Girls Semi-final 1

U16 Girls Semi-final 2

U16 Boys Semi-final 1

U16 Boys Semi-final 2

(5) Sprint Medal ride offs (Best of 3) – Round 1 – 35 mins

U12 Girls Sprint Bronze ride off

U12 Girls Sprint Final

U12 Boys Sprint Bronze ride off

U12 Boys Sprint Final

U14 Girls Sprint Bronze ride off

U14 Girls Sprint Final

U14 Boys Sprint Bronze ride off

U14 Boys Sprint Final

U16 Girls Sprint Bronze ride off

U16 Girls Sprint Final

U16 Boys Sprint Bronze ride off

U16 Boys Sprint Final

(6) Sprint Medal ride offs (Best of 3) – Round 2 – 35 mins

Order as per Round 1

(7) Sprint Medal ride offs (Best of 3) – Round 3 (as required)

Order as per Round 1

(8) Scratch Races – 60 mins

U12 Girls Scratch Race - 5 laps

U12 Boys Scratch Race - 5 laps

U14 Girls Scratch Race - 10 laps

U14 Boys Scratch Race - 10 laps

U16 Girls Scratch Race - 16 laps

U16 Boys Scratch Race - 16 laps

(9) Prize giving

To keep to the schedule, riders for the next race up **must be in the pen and ready** while the preceding race is on track. Parents – please ensure your riders are ready. **Riders not ready risk not being allowed to start.**

We are subject to the vagaries of the Irish weather – the schedule is subject to change to get through the event as quickly as possible.

Results

We will aim to post updated results ASAP throughout the event in the WhatsApp group below. If you are not a member, please join through the invite link. Please do not ask race officials for F200 times etc. while events are in progress.

<https://chat.whatsapp.com/IlEq4QJgJJyJEVvnstdSWq>

Race Numbers

Riders to **bring CI Race number** and wear it on the left side, with number facing upwards when bent over in race position.

Gear Restrictions / Technical limitations:

U16 6.94m (52×16 or 49×15)

U14 6.67m (50×16)

U12 6.54m (49 x 16)

U12 limit is greater than the equivalent limit in road races because our rental bikes all have 49 x 16 gearing

Wheel rim depth must not exceed **35mm**

Please ensure that cleats are in good condition and pedals are sufficiently tight to avoid pulling a foot out



Rider Safety

We will have a lot of riders on the track, particularly during any open track periods. All riders must ride safely (looking over shoulder before moving up or down the track). Anyone crossing the track must do so immediately before the start/finish line. Any riders deemed to be riding without due consideration for other riders' safety may be prevented from riding further races.

For the F200 TT, riders will be called to come up to the fence at the top end of the home straight (beside vehicle gate). In this instance they should cross the track at the vehicle gate. There should be at least six riders lined up at any time. Riders will be directed to start by one of the officials. When they are finished their F200 effort **they must remain high on the track and dismount at the fence immediately before the start/finish line.**

Start list (this is the starting order for F200 TT)

Category	Gender	Name	Race No.	CI Club
U12	Girls (7)	Fiadh Craig	0005	VC Glendale
		Maggie Bates	0010	Sundrive Track Team
		Vicky Sevastopulo	0032	Sundrive Track Team
		Caroline Collins	0056	Sliabh Luachra Cycling Club
		Sophia Woods	0083	Sundrive Track Team
		Ruby Millar	0101	Square Wheels
		Polly Bates	0316	Sundrive Track Team
U12	Boys (9)	Benjamin Cunningham	0003	Orwell Wheelers Cycling Club
		Joel Cummins	0021	O'Leary Stone Kanturk
		Conor Whelan	0030	Bohermeen CC

		John Morrow	0036	Ballymena Road Club
		Caden Byrne	0042	Carlow RCC
		Jake Mc Kee	0067	VC Glendale
		Nathan Baker	0076	Breffni Wheelers
		George Cleverley	0116	Sliabh Luachra Cycling Club
		Thomas Crymble	0344	Unattached
U14	Girls (4)	Ava Baker	0080	Breffni Wheelers
		Eleanor Rafferty	0137	Orwell Wheelers Cycling Club
		Caoilfhionn Foley	0140	Sliabh Luachra Cycling Club
		Tori Mc Donnell	0354	Sundrive Track Team
U14	Boys (12)	James Cunningham	0003	Team WORC
		Kealan Doherty	0004	Foyle CC
		Finn Doran	0005	Sundrive Track Team
		William Hance	0027	Orwell Wheelers Cycling Club
		Noah Byrne	0046	Carlow RCC
		Jake Govan	0096	Orwell Wheelers Cycling Club
		Daragh Quigley	0097	Foyle CC
		Olly Millar	0101	Square Wheels
		Cullen Murphy	0122	O'Leary Stone Kanturk
		Xander Huele	0168	Orwell Wheelers Cycling Club
		Gavin Buckley	0171	O'Leary Stone Kanturk
		Seamus Rafferty	0178	Orwell Wheelers Cycling Club
U16	Girls (6)	Aoife Craig	0008	VC Glendale
		Orla Mulhearn	0015	Panduit Carrick Wheelers

		Emer Heverin	0078	All human/VeloRevolution Racing Team
		Saoirse Jackson	0087	Sundrive Track Team
		Clodagh Quigley	0113	Foyle CC
		Poppy Hamilton	0172	Spellman-Dublin Port
U16	Boys (5)	Conor Regan	0001	Kilcullen Cycling Club Murphy Geospacial
		Tony Kenneally	0026	Dungarvan CC
		Oscar Sevastopulo	0095	Sundrive Track Team
		James Logue	0103	Panduit Carrick Wheelers
		Tadhg Roberts	0141	Kilcullen Cycling Club Murphy Geospacial