

## **Ulster Track Report 2024**

Ulster had a delayed start to the season with issues relating to fence and track surface but once up and running around mid-May we had good numbers mainly across youth, with a few new seniors, we ran a few training nights and accreditation before running a successful track league with good numbers across all age groups and finished off the ulster track champs,

A 3 x girl and 3 x boy team was selected to represent Ulster at the school games. This is an event where we were very competitive, putting the jersey to the fore in most races.

As promised in November and December those that supported the track all year were rewarded with 2 trips to race and train in Glasgow which proved successful. We also, took 13 'newbie's u12 and u14 over just last week to experience their first taste of the indoor track. This proved successful.

At this early stage of 2025 plans are already in place to get track up and running immediately the clocks go forward, and now with a full time youth development officer plans are in place to try increase youth participation

And also as a commission we will actively we trying to increase adult participation too