

## 2024 SPRINTERS LEAGUE SATURDAY RD 1 (Sprint Ladder)

### Report Round 1

This was quite a difficult day with 'Storm Kathleen' very much in evidence and this adversely affected attendance and also making the F200 approach quite difficult. We started with a Flying 200 and ranked riders from that. Points awarded to Top 6. We ran a subsequent F200 and awarded 3 points for improvement, and 2 for participation. I didn't get an exact time for Eric's second run but his approach speed was significantly faster and technically the best of the day. It however did take it's toll and it took him quite some time to recover! We were very pleased with the debut performance of Cillian Owens (Spellman DP) who took aboard all advice and rode quite well tactically and learned much from his day. Many thanks to all who braved the elements!

	F200	200 Pts	200 Bonus	Rd1	Rd2	Rd3	Tot
Eric Gasparro	12.19	6	3	-		3	12
John Caffrey	13.02	4	3	3	2		12
Mark Stewart	13.60	2	2	3	3		10
Cillian Owens	13.76	1	2	2	3	2	10
David Power	12.55	5	2	2			9
Frayank Nunez	13.26	3	2	3			8
Tom Gentleman	13.99		3	2	2		7

## 2024 SPRINTERS LEAGUE WEDNESDAY RD 2 (Sprint Ladder & Kilo Dash)

**Report Round 2 :** Racing tonight provided superbly entertaining 3 up sprinting with some well-timed early attacks proving successful and an extra-long range effort from Caoimhe Seymour from over a lap and a half out in the Kilo Dash brought the assembled to their feet only to be caught a metre from the line! Star of the show tonight was Cillian Owens mixing it and getting the best of top class riders on hire bike gears.

		F200	200 Pts	Sprint1	Sprint 2	Km Dash	Total
John	Caffrey	13.04	5	2	2	R1 6	15
Cillian	Owens	13.60	+5pts	3	3	R1 3	14
Caoimhe	Seymour	14.23	+5pts	2	1	R2 4	12
Fionn	Sheridan	13.35	3	2	1	R1 5	11
Dmitro	Griffin	13.94		2	3	R2 6	11
Orla	Hendron	16.31		1	3	R3 6	10
Eric	Gasparro	12.38	6	3	1	DNS	9
Mark	Stewart	13.24	4	1	2	R1 2	9
Deividas	Dvyulaitis	13.36	2	3	3	R1 1	9
Colm	Sevastopulo	13.85		1	3	R2 5	9
Katie	Barry	17.83		3	3	R3 3	9
George	Sevastopulo	13.53	1	1	2	R1 4	8
Josephine	Siebenbrock	17.21		2	2	R3 4	8
Oscar	Sevastopulo	14.21		3	1	R2 3	7
Sorcha	Ní Fhaoláin	15.65		2	DSQ*	R3 5	7
William	Devas	14.82		3	2	R2 1	6
Tom	Gentleman	14.09		1	2	R2 2	5

\* 3.2.047 If, in a three or four-up race, a rider behaves in an irregular manner to favour another rider, he shall be relegated. The race shall be immediately rerun as a two or three-up race. (text modified on 01.01.02)  
(Sorcha Ni Fhaolain issued with a yellow card carrying forward to subsequent League Rounds)

**2024 SPRINTERS LEAGUE WEDNESDAY RD 3 (F200 and Team Sprint)****Report Round 3**

Round 3 started with a F200 to rank and grade riders with both Sean Curtis and Karl Bernie recording new best times to get the 5 points bonus, while Caoimhe further bettered her 2024 time to gain an extra 2 points bonus.

Riders were then grouped to create somewhat balanced teams and points allocated on Team Sprint 1 times, and also scoring on level of improvement for the second run. Finally we afforded handicaps based on each teams loosely combined F200 times and we scored teams based on that.

		F200	Ord	F200 Pts	200 Bon	Team 200s	H/C	TS1	TS1 Pts	TS2	TS1 TS2		Tot
John	Caffrey	12.72	1	6		1 (38.47)	Scr	51.38(2)	5	50.00	-1.38 (6)	51.38 4	21
Cillian	Owens	12.85	4	3		1 (38.47)	Scr	51.38(2)	5	50.00	-1.38 (6)	51.38 4	18
Deirbhle	Ivory	12.90	5	2		1 (38.47)	Scr	51.38(2)	5	50.00	-1.38 (6)	51.38 4	17
Sean	Curtis	12.76	2	5	5	2 (38.55)	Scr	52.45(4)	3	51.52	-0.93 (4)	52.45 1	18
Philip	O'Connor	12.84	3	4		2 (38.55)	Scr	52.45(4)	3	51.52	-0.93 (4)	52.45 1	12
Evan	Bernie	12.95	6	1		2 (38.55)	Scr	52.45(4)	3	51.52	-0.93 (4)	52.45 1	9
Karl	Bernie	13.10	7		5	3 (39.81)	1.5	51.32(1)	6	50.03	-1.29 (5)	49.82 6	22
Deividas	Dyvlaitis	13.34	10			3 (39.81)	1.5	51.32(1)	6	50.03	-1.29 (5)	49.82 6	17
Fionn	Sheridan	13.37	11		1TS	3 (39.81)	1.5	51.32(1)	6	50.03	-1.29 (5)	49.82 6	18
Luke	Bernie	13.15	8			4 (39.80)	1.5	51.92(3)	4	52.47	+0.55 (2)	50.42 5	11
Mark	Stewart	13.20	9			4 (39.80)	1.5	51.92(3)	4	52.47	+0.55 (2)	50.42 5	11
Dmitro	Griffen	13.45	12			4 (39.80)	1.5	51.92(3)	4	52.47	+0.55 (2)	50.42 5	11
Alan	Morrissey	13.96	13			5 (43.96)	4.0	55.54(5)	2	56.37	+0.83 (1)	51.54 3	7
Aidan	Ryan	15.00	16			5 (43.96)	4.0	55.54(5)	2	56.37	+0.83 (1)	51.54 3	6
Tadgh	Roberts	15.00	16			5 (43.96)	4.0	55.54(5)	2	56.37	+0.83 (1)	51.54 3	6
Caoimhe	Seymour	14.20	14		2	6 (42.07)	5.0	57.08(6)	1	56.61	-0.47 (3)	51.61 2	6
Mark	Burns	14.50	15			6 (42.07)	5.0	57.08(6)	1	56.61	-0.47 (3)	51.61 2	6

**2024 SPRINTERS LEAGUE WEDNESDAY RD 4 (F200, 2-up Sprints over 2 laps, 1 Lap Hcap, Mile)****Report Round 4**

We broke the riders into groups of 4 and 3 sorted by F200 times and each rider had of full 2 up 2 laps sprint within their group. Only one rider gained any bonus points in the F200 but quite a few posted season bests and notably Sean and Poppy were mere 100ths of seconds away from bonus points. Despite sprinting over the full two laps, all sprints were well fought tactically and all riders seemed to be executing plans and definite tactics testament to how far sprinting skills have progressed through our Sprint Leagues. We then divided the riders into 2 groups for a 1 lap h/cap from the fence with Tom just holding off Karl and the limit man Cillian. The second race saw our League Leader John Caffrey narrowly beaten by Dmitro with Oscar 3<sup>rd</sup>. Our final race was a mile, and this race ensured the sprinters finished with sore legs with Sean dominating proceedings in this one.

Name	F200	F200 Pts	2 up Spr1	2 up Spr 2	1 LapH/C	Mile	Total
Cillian Owens	12.46	6+2	3	3	4 R1	1	19
John Caffrey	12.61	5	3	2	5 R2		15
Sean Curtis	12.75	4	2	3		3	12
Dmitro Griffen	13.20		3	3	6 R2		12
Tom Gentleman	13.22		3	2	6 R1		11
Deividas Dyvlaitis	12.94	3	2	2	3 R2		10
Karl Bernie	13.12		3	2	5 R1		10
George Sevastopulo	13.84		3	3	2 R1	2	10
Oscar Sevastopulo	13.50		2	2	4 R2		8
Fionn Sheridan	13.62		3	2	3 R1		8
Mark Stewart	13.00	2	2	2	1 R1		7
Alan Morrissey	13.82		2	3	2 R2		7
Luke Bernie	13.09	1	2	3			6
Poppy Hamilton	14.63		2	2	1 R2		5

## 2024 SPRINTERS LEAGUE SATURDAY RD 5 (Standing half laps / Team Sprint Pairs)

### Report Round 5

This weeks League was based on the Team Sprint event, with all riders firstly doing a held start Team Sprint opening half lap, followed by one out of the gate. We then split teams into twos and threes for Team Sprint with only first two counting towards points. The stipulation was that on the second run teams had to change the order. Hopefully the data recorded will assist clubs in team selection going forward towards the Team Sprint Nationals later in the year.

	Held S/S	Points	Gate S/S	Diff	Points	Team	Team H/cap	Bonus	Total
Eric Gasparo	19.16	6pts	19.07	-.09		3pts	1pt	4	14
Cillian Owens	19.44	5pts	19.70	+.26		3pts	1pt	4	13
John Caffrey	19.46	4pts	19.66	+.20		2pts	2pts	4	12
Deividas Dyvlaitis	19.84	2pts	19.63	-.21	2pts	3pts	1pt	4	12
Keith Meghan	19.72	3pts	19.78	+.06		2pts	2pts	4	11
Luke Bernie	22.14		21.31	-.83	6pts	1pt		4	11
Karl Bernie	21.00		20.47	-.53	5pts	1pt		4	10
David Power	20.11		20.00	-.11		2pts	2pts	4	8
Sean Fenlon	20.85		20.53	-.32	4pts			4	8
Deirbhle Ivory	20.46		20.38	-.08			3pts	4	7
Caoimhe Seymour	21.40		21.64	+.24			3pts	4	7
Fionn Sheridan	19.97		19.84	-.13		1pt		4	5
Chris Mc Mullan	19.94	1pt	20.12	+.18				4	5
Evan Bernie	20.97		20.81	-.16	1pt			4	5
Alan Morrissey	20.79		21.68	-.11				4	4
Sean Curtis	22.34		22.10	-.24	3pts			2	4

	Team Sprint	Alternate Order	Fastest	H/cap	After h/c	Pts
Eric/Cillian/Deividas	19.11/ <b>33.59</b>	19.60/34.10/ <b>49.33</b>	3pts	Scr	33.59	1pt
John/David/Keith	19.88/34.48/ <b>49.53</b>	19.57/ <b>34.04</b>	2pts	.5sec	33.54	2pts
Fionn/Karl/Luke	20.33/35.54	20.35/ <b>34.94</b> / <b>51.09</b>	1pts	1sec	33.94	
Chris /Sean F	20.27/35.69	20.03/ <b>35.24</b>		1.5sec	33.74	
Evan/Alan	20.92/ <b>35.93</b>	20.75/36.49		1.5sec	34.43	
Caoimhe/Deirbhle	21.90/ <b>37.24</b>	20.87/38.11		4sec	33.24	3pts

## 2024 SPRINTERS LEAGUE SATURDAY RD 6 (F200/Keirin)

### Report Round 6

We started with a Flying 200 with no less than six riders setting new personal bests and earning bonus points. Most impressive and fastest on the night went to Luke Bernie who executed an exemplary 200 and you could see if was going to be super-fast as he accelerated out of bend 2 a fair way out from the 200 line. Karl chipped away at him time and Evan also posted a new PB with all three brothers having their own ding dong competition.

We then followed up with a 'derny led' F200 (although a few of them came round the derny) and we scored riders on improvement from their individual F200 times. Huge improvement for Katie Barry here taking the 6 points while Luke significantly improved on what was already a superb time.

Next was Keirin with riders split over the two semi-finals and the top 3 going through to the final. In Semi 1 Fionn took the honours from Luke and Evan, while Cillian took a flyer in Semi 2 fearful of Tom getting the big gear going. Deividas took the Minor Final from Deirble making friends with her new bike. In the Keirin Final Evan went early and hard with Cillian leading the chase which put an end to both of their chances but opened the door for Luke to finish off a great night for him, just edging out Fionn with Karl taking 3<sup>rd</sup> place.

A very enjoyable night and a format we will repeat!

	F200		Bonus	Derny	Diff		Keirin	Total
Luke Bernie	12.42	6pts	5pts	11.79	-0.63	3pts	F 6pts	20
Evan Bernie	12.65	4pts	5pts	12.64	+0.01		F 3pts	12
Cillian Owens	12.45	5pts	2pts	12.32	-0.13		F 3pts	10
Katie Barry	16.34		5pts	15.13	-1.21	5pts		10
Karl Bernie	12.71	3pts	2pts	12.25	-0.46		F 4pts	9
Deirbhle Ivory	13.63			12.26	-1.37	6pts	R 2pts	8
Fionn Sheridan	13.05			12.44	-0.61	2pts	F 5pts	7
Deividas Dyvlaitis	12.80	2pts		12.54	-0.26		F 3pts	5
Tom Gentleman	12.87	1pt		12.37	-0.50	1pt	R 3pts	5
Paul Atkinson	16.92		5pts	16.67	-0.25			5
Sorcha Ni Fhaoilain	14.93			14.24	-0.69	4pts		4
Chris McMullan	13.09			12.83	-0.26		R 1pt	1
Alan Morrissey	13.61			13.24	-0.37			0

### Sprinters League Round 7

Report : Points awarded for the Top 6 in the Flying 200, and we intended running 3 rounds of 3 ups which didn't happen due to a crash in the first ride, and then the onslaught of weather. We have awarded an average sore of 5 points extra to all attendees. Extra 5 points to Tadgh Roberts for a new personal Best time.

Flying 200 (ordered)	Time	TT Points	Total
Eamonn Byrne	11.84	6pts	11
Cillian Owens	12.70	5pts	10
Karl Bernie	12.72	4pts	9
Luke Bernie	12.78	3pts	8
Deirbhle Ivory	12.95	2pts	7
John Caffrey	13.04	1pt	6
Dmitro Griffin	13.16		5
Fionn Sheridan	13.21		5
Deividas Dyvlaitis	13.40		5
Alan Morrissey	13.75		5
Caoimhe Seymour	13.81		5
Noah Finn	13.82		5
Tadgh Roberts	14.30	+ 5pts	10
Poppy Hamilton	14.56		5
John Keegan	15.68		5

## 2024 SPRINTERS LEAGUE SATURDAY RD 8 (Standing half laps / Team Sprint Pairs)

### Report Round 8

This weeks League was based around our recently repaired Starting Gate with all riders getting two Standing Start Team Sprint opening half laps and then 2 up and 3 up Team Sprint efforts but we only timed to the second changeover. Our final round will be on August 07th and that will be F200 and Match Sprints. Cillian's lead is only 6 points as he has hasn't missed any round and the number of counting rounds is 2 less than the total number of rounds so this week he dropped a 10 in favour of an 11. John has a 6 to drop in the next round while Deividas has a 5 to drop to stay ahead of a fast finishing Luke who has no score to drop and Fionn to drop a 5. Clear as mud!!!

	SS Gate 1	Top 6	SS Gate 2	Diff Rd 1-2	H/cap pts	
John Caffrey	19.58	<b>6 points</b>	19.61	+0.03		
Cillian Owens	19.62	<b>5 points</b>	19.26	-0.36	<b>3 points</b>	
Deividas Dvylaitis	19.78	<b>4 points</b>	20.13	+0.35		
Dmitro Griffin	19.96	<b>3 points</b>	20.22	+0.26		
Fionn Sheridan	20.07	<b>2 points</b>	19.86	-0.21	<b>2 points</b>	
Sean Fenlon	20.14	<b>1 point</b>	20.19	+0.05		
Karl Bernie	20.38		20.55	+0.17		
David Harrington	21.21		21.23	+0.02		
Luke Bernie	21.99		22.04	+0.05		
Sean Nolan	21.05		20.20	-0.85	<b>6 points</b>	
Tom Gentleman	23.16		22.48	-0.68	<b>5 points</b>	
Caoimhe Seymour	22.46		22.00	-0.46	<b>4 points</b>	
Keith Meghan	20.33		20.16	-0.17	<b>1 point</b>	
Evan Bernie	21.05		20.88	-0.17	<b>1 point</b>	
Deirbhle Ivory	21.30		21.13	-0.17	<b>1 point</b>	
Oisin Hogan	21.96		21.83	-0.13		

		TS Man 1	TS Man 2	Fastest Pts			H/cap Points
David Harrington	Team 1	20.70	35.59	<b>1 point</b>	20.63	35.43	<b>2 points</b>
Dmitro Griffin	Team 1			<b>1 point</b>		-0.16	<b>2 points</b>
Fionn Sheridan	Team 1			<b>1 point</b>			<b>2 points</b>
Luke Bernie	Team 2	21.74	36.64		21.52	36.41	<b>3 points</b>
Evan Bernie	Team 2					-0.23	<b>3 points</b>
Sean Nolan	Team 2						<b>3 points</b>
Sean Fenlon	Team 3	19.60	34.48	<b>3 points</b>	19.61	35.09	
Cillian Owens	Team 3			<b>3 points</b>		+0.61	
Deividas Dvylaitis	Team 3			<b>3 points</b>			
Keith Meghan	Team 4	19.87	34.61	<b>2 points</b>	20.62	35.17	
John Caffrey	Team 4			<b>2 points</b>		+0.56	
Deirbhle Ivory	Team 5	20.66	36.14		20.73	36.57	<b>1 point</b>
Karl Bernie	Team 5					+0.43	<b>1 point</b>
Oisin Hogan	Team 5						<b>1 point</b>
Caoimhe Seymour	Team 6	22.37	35.88		22.48	38.52	
Tom Gentleman	Team 6					+2.64	

		SS Points	SS h/cap	TS 1	TS2 h/cap	Total
David Harrington	Team 1			<b>1 point</b>	<b>2 points</b>	<b>3</b>
Dmitro Griffin	Team 1	<b>3 points</b>		<b>1 point</b>	<b>2 points</b>	<b>6</b>
Fionn Sheridan	Team 1	<b>2 points</b>	<b>2 points</b>	<b>1 point</b>	<b>2 points</b>	<b>7</b>
Luke Bernie	Team 2				<b>3 points</b>	<b>3</b>
Evan Bernie	Team 2		<b>1 point</b>		<b>3 points</b>	<b>4</b>
Sean Nolan	Team 2		<b>6 points</b>		<b>3 points</b>	<b>9</b>
Sean Fenlon	Team 3	<b>1 point</b>		<b>3 points</b>		<b>4</b>
Cillian Owens	Team 3	<b>5 points</b>	<b>3 points</b>	<b>3 points</b>		<b>11</b>
Deividas Dvylaitis	Team 3	<b>4 points</b>		<b>3 points</b>		<b>7</b>

Keith Meghan	Team 4		1 point	2 points		<b>3</b>
John Caffrey	Team 4	6 points		2 points		<b>8</b>
Deirbhle Ivory	Team 5		1 point		1 point	<b>2</b>
Karl Bernie	Team 5				1 point	<b>1</b>
Oisín Hogan	Team 5				1 point	<b>1</b>
Caoimhe Seymour	Team 6		4 points			<b>4</b>
Tom Gentleman	Team 6		5 points			<b>5</b>

## 2024 SPRINTERS LEAGUE SATURDAY RD 9 (Final) (F200 and 3 x 3 up Sprint Ladder)

### Report Round 9 (Flying 200 and 3 up Sprint Ladder)

This was our final round of Sprinters League for 2024 during which we ran F200s, 2 Up Sprints and 3 Up Sprints over shorter and full distances, Standing Half Laps and Team Sprint, Keirin, and 1 Lap H/cap. We saw significant improvement in skill and craft and 10 riders achieved F200 bonuses for lifetime bests. The league as always was conducted in a friendly and supportive atmosphere and provided exciting and entertaining racing.

Cillian Owens sealed victory tonight with a dominant display significantly improving his F200 and fastest time on the night. He also won all 3 of his sprints. He was pushed all the way by John Caffrey and we would hope that all his efforts will bear fruit in the upcoming Masters and indeed World Masters. It was a dogfight for the next few places with all these riders showing significant improvement throughout the season.

Prizegiving (Top 6) and awards will be presented alongside the Endurance League presentation on Wednesday 21<sup>st</sup> August. We will also host some 'friendly racing' on the night from 18.45pm with the Presentation at 20.15

		<b>F200</b>	<b>Top 6</b>	<b>Bonus</b>	<b>Spr1</b>	<b>Spr2</b>	<b>Spr3</b>	<b>Total</b>
Cillian	Owens	11.72	6pts	2pts	3	3	3	17
Fionn	Sheridan	12.64	2pts	5pts	2	1	2	12
John	Caffrey	12.31	5pts		1	3	2	11
Alan	Morrissey	13.11		5pts	1	3	1	10
Luke	Bernie	12.48	3pts		1	2	3	9
Dmitro	Griffin	13.25			3	3	3	9
Autumn	Collins	13.43			3	2	3	8
Katie	Barry	16.64			2	3	3	8
Seán	Fenlon	12.37	4pts		2	1	2	7
Evan	Bernie	12.69	1pts		3	2	1	7
Caoimhe	Seymour	13.13		2pts	1	3	1	7
Karl	Bernie	12.72			2	1	3	6
Deividas	Dvylyaitis	12.86			3	2	1	6
Deirbhle	Ivory	13.22			2	1	3	6
Daniel	McElroy	13.97			2	1	3	6
Shane	Whelan	14.11			1	3	2	6
Tadhg	Roberts	14.38			2	2	2	6
Tom	Gentleman	14.68			3	2	1	6
Holly	McCaffrey	16.03			3	1	2	6
Sorcha	Ní Fhaoláin	14.94			1	2	1	4

## Final Overall after 9 Rounds

[illegible]



**\*\* Counting Rounds – 2 less than total number of rounds**

### **Points System**

Top 6 Flying 200

Bonus of 5 if you beat your 2022 time (once off)

(If you subsequently beat the new time then extra 2 points)

SPRINT 3 Ups 3/2/ 2 Ups 3/2

Keirin – Max of Top 12 by 2022 time go to 1<sup>st</sup> Round – Top 3 in each to Final

Major Final – Points 6/5/4/3/3/3 - Minor Final 3/2/1

Kilo / Mile Top 6 (Top 3 if it's a bonus race)

Ladder Bonus 3/2/1 (if F200) . Top 6 if no F200

Team Sprint Top 6

Team Sprint Rd1 v Rd2 (Improvement) Top 6

Team Sprint H/cap (based on combined F200s) Top 6

We are aiming for 15-20 points available per round

Saturday & Midweek Sprinters League combine

**Counting Rounds – 2 less than total number of rounds**

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