

2020 National Kilo (Sundrive Road) 460m Lap	80m	540m (80+460)	1000m	Lap1	Lap2	L1-L2	Ave. Lap 1 (Kph)	Ave. Lap 1 (Kph)
Eoin Mullen (Sundrive)	9.432 (1)	36.631 (1)	1.07.054 (1)	27.199	30.361	-3.162	60.88	54.54
Harvey Barnes (East Tyrone)	10.527 (10)	40.165 (6)	1.09.247 (2)	29.629	29.082	+0.547	55.89	56.94
Aaron Wade (Powerhouse)	9.776 (2)	37.648 (2)	1.09.403 (3)	27.872	31.755	-3.883	59.41	52.14
Anthony Mairs (East Tyrone)	10.128 (7)	39.597 (4)	1.09.929 (4)	29.469	30.332	-0.863	56.19	54.59
Callum O'Toole (Orwell)	9.916 (4)	38.540 (3)	1.10.155 (5)	28.624	31.615	-2.991	57.85	52.38
Lindsay Watson (Powehouse)	10.314 (8)	40.374 (7)	1.10.858 (6)	30.060	30.484	-0.424	55.08	54.32
Andre Grennell (Spellman DP)	10.358 (9)	40.466 (8)	1.11.180 (7)	30.088	30.734	-0.646	55.03	53.88
James Glasgow (East Tyrone)	9.806 (3)	39.666 (5)	1.11.915 (8)	29.860	32.249	-2.389	55.45	51.35
Jonathon Denvir (Dromore)	10.858 (12)	40.983 (10)	1.12.542 (9)	30.125	31.599	-1.474	54.97	52.40
Dmitri Griffin (Orwell)	10.013 (6)	40.550 (9)	1.13.181 (10)	30.437	32.631	-2.194	54.40	50.74
Daniel McIlroy (Orwell)	9.979 (5)	41.248 (11)	1.14.975 (11)	31.236	33.547	-2.311	53.01	49.36
Alan Flannery (Swords)	10.687 (11)	44.484 (12)	1.24.051 (12)	33.797	39.576	-5.779	48.99	41.84
Paul Bonass (Sundrive)	11.496 (13)	45.327 (13)	1.26.087 (13)	33.831	40.760	-6.929	48.94	40.62

2020 National 500n (Sundrive Road) 460m Lap	40m	Final 460m	500m (80+460)	Ave. Lap 1 (Kph) **
Orla Walsh (NOPINZ)	6.610 (1)	29.618	36.228(1)	55.91 kph
Deirbhle Ivory (Torelli)	6.903 (2)	31.707	38.610 (2)	52.22 kph
Nikki Taggart (Arcane)	6.930 (3)	31.712	38.712(3)	52.21 kph
Lara Gillespie (UCD)	7.017 (5)	32.287	39.304 (4)	51.28 kph
Eimer McMullen (UCD)	7.076 (6)	32.492	39.568 (5)	50.96 kph
Mia Griffin (illy Bikes)	7.312 (8)	32.851	40.163 (6)	50.40 kph
Kelly Murphy (Storey Racing)	7.681 (11)	33.316	40.997 (7)	49.70 kph
Claire Ni Reachtagain	7.494 (9)	34.618	42.112 (8)	48.83 kph
Susie Mitchell (Sundrive)	6.967 (4)	35.483	42.450 (9)	46.68 kph
Grace Irvine (Arcane)	7.306 (7)	35.393	42.699 (10)	46.78 kph
Elizabeth Kent (Arcane)	7.775 (12)	36.836	44.611 (11)	44.95 kph
Aisling Conlan (Sundrive)	7.665 (10)	36.957	44.622 (12)	44.80 kph
Rachel McBride (Arcane)	7.827 (13)	38.352	46.179 (13)	43.17 kph
Grainne Hanley (Lucan)	8.507 (14)	40.382	48.849 (14)	41.00 kph

- 460m lap is still very much in the acceleration phase so speeds for last 300m attained would be higher.